



The Benefits of
Outpatient Care





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Twenty years ago, anyone needing surgery generally had to go to the hospital. Thankfully, with medical advances and innovative new surgical procedures, that is no longer the case. In fact, the number of medical procedures performed outside hospitals has tripled since the 1980s.

An outpatient surgery center like Posada Surgery Center is a modern, fully equipped facility for outpatient surgical procedures. They contain the same surgical and safety equipment and personnel that you would find in a hospital surgical suite, though they are designed to get a patient in for the procedure and then home to recover the same day.

The Advantages of an Outpatient Surgery Center

There are several obvious advantages to having your procedure performed in an outpatient surgery center. Chief among these is the personal attention patients receive and the lack of exposure to bacteria and infections that are often present in traditional hospital settings. Other advantages include:



Convenient location Posada Surgery Center is located in the same facility as its examination rooms, pain management space, and operating rooms. Our examination rooms are conveniently located adjacent to the surgeons offices, meaning you won't have to wait for your surgeon to drive from across town to get to your appointment. Our center is a state-of-the-art facility with the latest medical equipment—right at home on the Central Coast.



Shorter wait time Patients hoping to have their procedure done in a hospital setting often have to wait to get on the operating schedule. The operating room itself has to be scheduled, the doctors and support staff have to be on the clock, and the hospital administration must manage every step of the process. Opting to have your surgery performed at an outpatient surgery center like Posada Surgery Center, on the other hand, can often cut wait time drastically.





Lower overall costs Hospitals understandably have a substantial amount of overhead expenses, which is one reason why your hospital bill can be so high. An outpatient facility such as Posada Surgery Center, however, is a smaller, dedicated space. Our center was designed exclusively for outpatient surgery—we do not have a cafeteria, gift shop, or anything that could drive up your bill. As a result of their singular focus, you'll often pay less for your procedure if it is done in an outpatient center rather than a hospital.



Outpatient procedures Perhaps the biggest reason Californians choose Posada Surgery Center is because the procedures our surgeons perform here do not require an overnight stay, meaning that patients can come in for surgery and then leave just a short while later to recuperate at home. Overnight stays are one reason for the higher prices that hospitals charge. At Posada Surgery Center, you'll undergo your procedure and then your surgeon will send you home with a complete set of instructions on how to care for yourself as you heal.



Targeted service and more privacy In vulnerable times pre and post-operations, no one likes to be sharing a room with strangers. More than that, hospital patients generally share a nurse and operating room, as well. Outpatient facilities like Posada Surgery Center are generally able to afford patients far more privacy than hospitals on account of their size and their ability to be focused on the details of your stay. Your privacy and comfort is our top priority.



Less bacteria and fewer infections Because hospitals see so many sick patients, hospitals are often home to serious infections bacteria that are drug resistant. Recent studies of infection rates for surgeries performed in hospitals vs. outpatient surgical centers have shown that outpatient centers have the lowest risk of infection. It is not uncommon for them to report between 1 and 5 surgical site infections per 1000 patients (0.1%-0.5%), on average. The rate for hospitals can be almost 20 times higher. At Posada Surgery Center, we are proud to boast a next-to-zero infection rate.




High satisfaction rates Outpatient surgery regularly outperform hospitals when it comes to patient satisfaction. In part, this is because outpatient centers tend to be more focused on patient satisfaction than hospitals. Patients often report that they feel the emotional environment at outpatient centers is warmer than in a hospital, as interactions can be more personable because of a smaller, more intimate team of staff members. Posada Surgery Center has a 98% patient satisfaction rate.





We take great pride in offering residents of the Central Coast innovative outpatient procedures performed by some of the top surgeons in California. We are changing the model for surgery and surgery recovery by providing a relaxing environment with high-quality, individual care aimed at getting you home as soon as possible.


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